

May 2026

River Valley Place of Fort Madison

Better Days



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li>- Outside Walking</li> <li>- Watch Church Service</li> <li>- Rhythm Copy Station (MC)</li> <li>- Picture Bingo (MC)</li> <li>- Sound Therapy</li> </ul> <p><b>31</b></p>	<p><b>01</b></p>	<p><b>02</b></p>	<p><b>03</b></p> <p><i>Better Days</i></p>	<p><b>04</b></p> <p><u>Dimensions</u></p> <ul style="list-style-type: none"> <li>- Memory &amp; Brain Stimulation</li> <li>- Physical Activity</li> <li>- Purposeful Life Station</li> <li>- Religious</li> <li>- Therapeutic</li> </ul>	<ul style="list-style-type: none"> <li>- Religious Coloring Pages</li> <li>- Plant Watering Station (MC)</li> <li>- Weighted Object Comparison (MC)</li> <li>- Outside Walking (O)</li> <li>- Weather Discussion (MC)</li> </ul> <p><b>01</b></p>	<ul style="list-style-type: none"> <li>- Jumbo Jenga</li> <li>- Spiritual Meditation</li> <li>- Cleaning Station (MC)</li> <li>- Warm Towel Neck Wraps</li> <li>- Balloon Ball (MC)</li> </ul> <p><b>02</b></p>
<ul style="list-style-type: none"> <li>- Watch Church Service</li> <li>- Weather Board Station (MC)</li> <li>- Gentle Hand Massage Station (MC)</li> <li>- Gardening (MC)</li> <li>- Sound Therapy</li> </ul> <p><b>03</b></p>	<ul style="list-style-type: none"> <li>- Soft Worship Music Playlist (MC)</li> <li>- Ice Cream Social</li> <li>- Taste Memory Board Station (MC)</li> <li>- Stress Ball Squeeze</li> <li>- Fox Therapy (MLA)</li> </ul> <p><b>04</b></p>	<ul style="list-style-type: none"> <li>- Read Psalm Aloud</li> <li>- Color Mixing Paint Station (MC)</li> <li>- Foot Soaking Spa (MC)</li> <li>- Band Stretching (MC)</li> <li>- Story Building Circle (MC)</li> </ul> <p><b>05</b></p>	<ul style="list-style-type: none"> <li>- Group Prayer (MC)</li> <li>- Outside Games</li> <li>- Nature Sound Identification Station (MC)</li> <li>- Aromatherapy Scent Station (MC)</li> <li>- Fox Therapy (MLA)</li> </ul> <p><b>06</b></p>	<ul style="list-style-type: none"> <li>- "Finish The Verse" Scripture Game</li> <li>- Art Choice Station (MC)</li> <li>- Cooling Mist Face Spray (MC)</li> <li>- Chair Kickball (MC)</li> <li>- Creative Drawing/Coloring (MC)</li> </ul> <p><b>07</b></p>	<ul style="list-style-type: none"> <li>- Religious Coloring Pages</li> <li>- Texture Box Station (MC)</li> <li>- Soft Lighting Glow Relaxation (MC)</li> <li>- Outside Walking (O)</li> <li>- Weather Discussion (MC)</li> </ul> <p><b>08</b></p>	<ul style="list-style-type: none"> <li>- Guess The Object Station</li> <li>- Spiritual Meditation</li> <li>- Cleaning Station (MC)</li> <li>- Heated Blanket Comfort Station</li> <li>- Balloon Ball (MC)</li> </ul> <p><b>09</b></p>
<p><b>Mother's Day</b></p> <ul style="list-style-type: none"> <li>- RacketBall</li> <li>- Watch Church Service</li> <li>- Memory Box Station (MC)</li> <li>- Mothers Day Photo Shoot Feat. Special Guest (MC)</li> <li>- Music Sound Therapy</li> </ul> <p><b>10</b></p>	<ul style="list-style-type: none"> <li>- Bingo</li> <li>- Soft Worship Music Playlist (MC)</li> <li>- Kitchen Ingredient Station (MC)</li> <li>- Hot Tea &amp; Relaxation (MC)</li> <li>- Fox Therapy (MLA)</li> </ul> <p><b>11</b></p>	<ul style="list-style-type: none"> <li>- Read Psalm Aloud</li> <li>- Sorting Challenge Station (MC)</li> <li>- Cool Cloth Eye Rest Station (MC)</li> <li>- Band Stretching (MC)</li> <li>- Story Building Circle (MC)</li> </ul> <p><b>12</b></p>	<ul style="list-style-type: none"> <li>- Group Prayer (MC)</li> <li>- Fox Therapy</li> <li>- Table Setting Station (MC)</li> <li>- Fresh Air " Sit &amp; Breath " (MC)</li> <li>- Reading Corner (MLA)</li> </ul> <p><b>13</b></p>	<ul style="list-style-type: none"> <li>- "Finish The Verse" Scripture Game</li> <li>- Ocean Waves Relaxation (MC)</li> <li>- Chair Kickball (MC)</li> <li>- Creative Drawing/Coloring (MC)</li> <li>- Music Emotion Station</li> </ul> <p><b>14</b></p>	<ul style="list-style-type: none"> <li>- Religious Coloring Pages</li> <li>- Meal Preparation Station (MC)</li> <li>- Foot Soaking Spa (MC)</li> <li>- Outside Walking (O)</li> <li>- Weather Discussion (MC)</li> </ul> <p><b>15</b></p>	<ul style="list-style-type: none"> <li>- Card Games</li> <li>- Spiritual Meditation</li> <li>- Cleaning Station (MC)</li> <li>- Rainfall Calming Sounds</li> <li>- Balloon Ball (MC)</li> </ul> <p><b>16</b></p>
<ul style="list-style-type: none"> <li>- Hallway Walking With Music</li> <li>- Watch Church Service</li> <li>- Group Conclusion circle (MC)</li> <li>- Picture Bingo (MC)</li> <li>- Sound Therapy</li> </ul> <p><b>17</b></p>	<ul style="list-style-type: none"> <li>- Soft Worship Music Playlist (MC)</li> <li>- Ice Cream/Popsicles On The Patio</li> <li>- Art Creation Station (MC)</li> <li>- Hot Tea &amp; Relaxation (MC)</li> <li>- Fox Therapy (MLA)</li> </ul> <p><b>18</b></p>	<ul style="list-style-type: none"> <li>- Read Psalm Aloud</li> <li>- Nursery Station (MC)</li> <li>- Hand Massage With Lotions (MC)</li> <li>- Band Stretching (MC)</li> <li>- Story Building Circle (MC)</li> </ul> <p><b>19</b></p>	<ul style="list-style-type: none"> <li>- Fox Therapy</li> <li>- Group Prayer (MC)</li> <li>- Reading Station (MC)</li> <li>- Forest Sound Immersion Sounds (MC)</li> <li>- Fox Therapy (MLA)</li> </ul> <p><b>20</b></p>	<ul style="list-style-type: none"> <li>- "Finish The Verse" Scripture Game</li> <li>- Shoulder Rubs (MC)</li> <li>- Chair Kickball (MC)</li> <li>- Creative Drawing/Coloring (MC)</li> <li>- Cooking/Kitchen Station</li> </ul> <p><b>21</b></p>	<ul style="list-style-type: none"> <li>- Religious Coloring Pages</li> <li>- Neck Stretching Relaxation (MC)</li> <li>- Outside Walking (O)</li> <li>- Weather Discussion (MC)</li> <li>- Rock Sorting Station</li> </ul> <p><b>22</b></p>	<ul style="list-style-type: none"> <li>- Spiritual Meditation</li> <li>- Career Sharing Circle</li> <li>- Instrument Sound Testing Station (MC)</li> <li>- Collage Sorting Station</li> <li>- Balloon Ball (MC)</li> </ul> <p><b>23</b></p>
<ul style="list-style-type: none"> <li>- Worship Music Praise &amp; Dance</li> <li>- Watch Church Service</li> <li>- Memory Box Station (MC)</li> <li>- Picture Bingo (MC)</li> <li>- Sound Therapy</li> </ul> <p><b>24</b></p>	<p><b>Memorial Day</b></p> <ul style="list-style-type: none"> <li>- Soft Worship Music Playlist (MC)</li> <li>- Creative Art Station</li> <li>- Uno Card Game (MC)</li> <li>- Hot Tea &amp; Relaxation (MC)</li> <li>- Fox Therapy (MLA)</li> <li>- Nail Care</li> </ul> <p><b>25</b></p>	<ul style="list-style-type: none"> <li>- Read Psalm Aloud</li> <li>- Ice Melt Observation (MC)</li> <li>- Hand Massage With Lotions (MC)</li> <li>- Band Stretching (MC)</li> <li>- Story Building Circle (MC)</li> </ul> <p><b>26</b></p>	<ul style="list-style-type: none"> <li>- Group Prayer (MC)</li> <li>- Fox Therapy</li> <li>- Snack Stop Social</li> <li>- Laundry/Folding Station (MC)</li> <li>- Lavender Aroma's (MC)</li> </ul> <p><b>27</b></p>	<ul style="list-style-type: none"> <li>- "Finish The Verse" Scripture Game</li> <li>- Flower Watering Station (MC)</li> <li>- Nail Polishing (MC)</li> <li>- Chair Kickball (MC)</li> <li>- Creative Drawing/Coloring (MC)</li> </ul> <p><b>28</b></p>	<ul style="list-style-type: none"> <li>- Religious Coloring Pages</li> <li>- Meal Preparation Station (MC)</li> <li>- Foot Soaking Spa (MC)</li> <li>- Outside Walking (O)</li> <li>- Weather Discussion (MC)</li> </ul> <p><b>29</b></p>	<ul style="list-style-type: none"> <li>- Nature Sound Identification Station</li> <li>- Spiritual Meditation</li> <li>- Snack Stop</li> <li>- Guess The Outcome Station (MC)</li> <li>- Balloon Ball (MC)</li> </ul> <p><b>30</b></p>

\* Activities are subject to change