

June 2026

River Valley Place of Fort Madison

Better Days



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Dimensions 31</p> <ul style="list-style-type: none"> - Memory & Brain Stimulation - Physical Activity - Purposeful Life Station - Religious - Therapeutic 	<ul style="list-style-type: none"> - Favorite Hymn Lounge 01 - Match Baby Animal To Adult Animal (MC) - Rocking Chair Relaxation (MC) - Fox Therapy (MLA) - Watering The Garden 	<ul style="list-style-type: none"> - Blessing Stones 02 - Baby Care/Nursery Station (MC) - Sensory Gardening (MC) - Balloon Volleyball With Pool Noodles (MC) - Name That Tune (MC) 	<ul style="list-style-type: none"> - Gospel Karaoke (MC) 03 - Fox Therapy - Memory Baskets W/ Household Items - Kitchen Prep Station (MC) - Lavender Aroma's (MC) 	<ul style="list-style-type: none"> - Prayer In The garden 04 - Nail Polishing (MC) - Seated Dance Party (MC) - Smell and Guess Sensory Jars (MC) - Cooking/Kitchen Station 	<ul style="list-style-type: none"> - Religious Coloring Pages 05 - Stuffed animal Comfort (MC) - Chair Yoga & Deep Breathing (O) - Crossword Puzzles (MC) - Music Memory Station 	<ul style="list-style-type: none"> - Spiritual Meditation 06 - Coloring Therapy - Alphabet Category Game - Watering The Garden (MC) - Balloon Ball (MC)
<ul style="list-style-type: none"> - Scarf Waving To Music 07 - Sunday Best Fashion - Pet Care Station (MC) - Story Starter Circle (MC) - Stuffed Animal Comfort 	<ul style="list-style-type: none"> - Create Kindness Chair 08 - Laundry Sorting - Watering The Garden (MC) - Fox Therapy (MC) - Nail Care 	<ul style="list-style-type: none"> - Bible Verse Balloon Ball 09 - Art Creation Station (MC) - Window Sunshine (MC) - Seated Kickball (MC) - Card Sorting (MC) 	<ul style="list-style-type: none"> - Family Photo Discussions 10 - Guess The Hymn Music Game (MC) - Fox Therapy - Teachers Desk Station (MC) - Slow Dancing to The Song (MC) 	<ul style="list-style-type: none"> - Cross Decorating 11 - Flower Watering Station (MC) - Nail Polishing (MC) - Follow The Leader stretching (MC) - Nursery Rhyme Completion Game (MC) 	<ul style="list-style-type: none"> - Religious Coloring Pages 12 - Meal Preparation Station (MC) - Lavender Hand Massages (MC) - Outside Walking (O) - Weather Discussion (MC) 	<ul style="list-style-type: none"> - Spiritual Meditation 13 - Meditation Music - Memory Tray Game - Watering The Garden (MC) - Noodle Hockey (MC)
<ul style="list-style-type: none"> - Bubble Popping Exercise 14 - Church Service Social - Coffee Social Station (MC) - Puzzle Table (MC) - Rest & Reset 	<ul style="list-style-type: none"> - Daily Devotional Cocoa Social 15 - Recipe Recall - Watering The Garden (MC) - Fox Therapy (MC) - Comfort & Companion Activity 	<ul style="list-style-type: none"> - Read Psalm Aloud 16 - Bird Watching Station (MC) - Quiet Reading Corner (MC) - Marching Band Parade (MC) - TV And Show Memory Trivia (MC) 	<ul style="list-style-type: none"> - Fox Therapy 17 - Foot Washing Spa Comfort Day (Compassion) (MC) - Color-By-Number sheets - Puzzle & Problem Station (MC) - Calming Coloring (MC) 	<ul style="list-style-type: none"> - Letter To God Journaling 18 - Sensory Relaxation station (MC) - Nail Polishing (MC) - Seated Tai Chi (MC) - Coin Sorting (MC) 	<p>Juneteenth 19</p> <ul style="list-style-type: none"> - Religious Coloring Pages - Nursery Rocking Station (MC) - Foot Soaking Spa (MC) - Outside Walking (O) - Weather Discussion (MC) 	<ul style="list-style-type: none"> - Farm Life Reminiscing 20 - Water Color Painting - Spiritual Meditation - Watering The Garden (MC) - Balloon Ball (MC)

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<p>Father's Day 21</p> <ul style="list-style-type: none"> - Dance Freeze Game - Watch Church Service - Memory Box Station (MC) - Magazine Picture Scavenger Hunt (MC) - Pressed Flower Art 	<p>22</p> <ul style="list-style-type: none"> - Prayer Buddies - Map Exploration Finding Hometown - Watering The Garden (MC) - Bead Bracelet Making (MC) - Fox Therapy (MC) 	<p>23</p> <ul style="list-style-type: none"> - "His Eye Is On The Sparrow " Bird Feeder: Watch & Jewelry - Sorting Station (MC) - Hand Massage With Lotions (MC) - Simon Says Exercise!! (MC) - "What Job Did I Do" Discussions (MC) 	<p>24</p> <ul style="list-style-type: none"> - Miracles And Blessings Story Telling (MC) - Shape Sorting Activity - Fox Therapy - Lemonade Stand Station (MC) - Lavender Aroma's (MC) 	<p>25</p> <ul style="list-style-type: none"> - "Finish The Verse" Scripture Game - Nail Polishing (MC) - Sock-Ball Basketball (MC) - Match Landmarks To States (MC) - Laundry Basket Delivery Station 	<p>26</p> <ul style="list-style-type: none"> - Religious Coloring Pages - Coloring & Tea (MC) - Outside Walking (O) - Seasonal Item Sorting (MC) - Bird Feeder Fillers station 	<p>27</p> <ul style="list-style-type: none"> - Story Book Read Along - Sticker Scene Creations - Spiritual Meditation - Watering The Garden (MC) - Seated Boxing (MC)
<p>Happy Birthday Ronald K. 28</p> <ul style="list-style-type: none"> - Watch Church Service - Finger & Hand Strengthening With Therapy Putty - Hairbrush & Vanity Station (MC) - Spot The Difference Picture Game (MC) - Button Art Design 	<p>29</p> <ul style="list-style-type: none"> - "Who Am I?" Famous Person Clue Game - Soft Worship Music Playlist (MC) - Watering The Garden (MC) - Tissue Paper Sun Catchers (MC) - Fox Therapy (MC) 	<p>30</p> <ul style="list-style-type: none"> - Hands Of Prayer Tracing Craft - Volunteer Helper Station (MC) - Hand Massage With Lotions (MC) - Sit- To-Stand Challenge (MC) - Tactile Sensory Boards (MC) 	<p>01</p> <p>Better Days</p>	<p>02</p> <p>The Resident Takeover Residents Lead The Way</p>	<p>03</p>	<p>04</p>

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