

River Valley Place of Fort Madison							
Better Days							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Dimensions ● Memory & Brain Stimulation ● Physical Activity ● Purposeful Life Station ● Religious ● Therapeutic 31	Favorite Hymn Lounge ● Match Baby Animal To Adult Animal (MC) ● Rocking Chair Relaxation (MC) ● Fox Therapy (MLA) ● Watering The Garden 01	Blessing Stones ● Baby Care/Nursery Station (MC) ● Sensory Gardening (MC) ● Balloon Volleyball With Pool Noodles (MC) ● Name That Tune (MC) 02	Gospel Karaoke (MC) ● Fox Therapy ● Memory Baskets W/ Household Items ● Kitchen Prep Station (MC) ● Lavender Aroma's (MC) 03	Prayer In The garden ● Nail Polishing (MC) ● Seated Dance Party (MC) ● Smell and Guess Sensory Jars (MC) Cooking/Kitchen Station 04	Religious Coloring Pages ● Stuffed animal Comfort (MC) ● Chair Yoga & Deep Breathing (O) ● Crossword Puzzles (MC) ● Music Memory Station 05	Spiritual Meditation ● Coloring Therapy ● Alphabet Category Game ● Watering The Garden (MC) ● Balloon Ball (MC) 06	
Scarf Waving To Music ● Sunday Best Fashion ● Pet Care Station (MC) ● Story Starter Circle (MC) ● Stuffed Animal Comfort 07	Create Kindness Chain ● Laundry Sorting ● Watering The Garden (MC) ● Fox Therapy (MC) ● Nail Care 08	Bible Verse Balloon Ball ● Art Creation Station (MC) ● Window Sunshine (MC) ● Seated Kickball (MC) ● Card Sorting (MC) 09	Family Photo Discussions ● Guess The Hymn Music Game (MC) ● Fox Therapy ● Teachers Desk Station (MC) ● Slow Dancing to The Song (MC) 10	Cross Decorating ● Flower Watering Station (MC) ● Nail Polishing (MC) ● Follow The Leader stretching (MC) ● Nursery Rhyme Completion Game (MC) 11	Religious Coloring Pages ● Meal Preparation Station (MC) ● Lavender Hand Massages (MC) ● Outside Walking (O) ● Weather Discussion (MC) 12	Spiritual Meditation ● Meditation Music ● Memory Tray Game ● Watering The Garden (MC) ● Noodle Hockey (MC) 13	
Bubble Popping Exercise ● Church Service Social ● Coffee Social Station (MC) ● Puzzle Table (MC) ● Rest & Reset 14	Daily Devotional Cocoa Social ● Recipe Recall ● Watering The Garden (MC) ● Fox Therapy (MC) ● Comfort & Companion Activity 15	Read Psalm Aloud ● Bird Watching Station (MC) ● Quiet Reading Corner (MC) ● Marching Band Parade (MC) ● TV And Show Memory Trivia (MC) 16	Fox Therapy ● Foot Washing Spa Comfort Day (Compassion) (MC) ● Color-By-Number sheets ● Puzzle & Problem Station (MC) ● Calming Coloring (MC) 17	Letter To God Journaling ● Sensory Relaxation station (MC) ● Nail Polishing (MC) ● Seated Tai Chi (MC) ● Coin Sorting (MC) 18	Juneteenth ● Religious Coloring Pages ● Nursery Rocking Station (MC) ● Foot Soaking Spa (MC) ● Outside Walking (O) ● Weather Discussion (MC) 19	Farm Life Reminiscing ● Water Color Painting ● Spiritual Meditation ● Watering The Garden (MC) ● Balloon Ball (MC) 20	
Father's Day ● Dance Freeze Game ● Watch Church Service ● Memory Box Station (MC) ● Magazine Picture Scavenger Hunt (MC) ● Pressed Flower Art 21	Prayer Buddies ● Map Exploration Finding Hometown ● Watering The Garden (MC) ● Bead Bracelet Making (MC) ● Fox Therapy (MC) 22	"His Eye Is On The Sparrow " Bird Feeders ● Watch & Jewelry Sorting Station (MC) ● Hand Massage With Lotions (MC) ● Simon Says Exercise!! (MC) ● "What Job Did I Do" Discussions (MC) 23	Miracles And Blessings Story Telling (MC) ● Shape Sorting Activity ● Fox Therapy ● Lemonade Stand Station (MC) ● Lavender Aroma's (MC) 24	"Finish The Verse" Scripture Game ● Nail Polishing (MC) ● Sock-Ball Basketball (MC) ● Match Landmarks To States (MC) ● Laundry Basket Delivery Station 25	Religious Coloring Pages ● Coloring & Tea (MC) ● Outside Walking (O) ● Seasonal Item Sorting (MC) ● Bird Feeder Fillers station 26	Story Book Read Along ● Sticker Scene Creations ● Spiritual Meditation ● Watering The Garden (MC) ● Seated Boxing (MC) 27	
Happy Birthday Ronald K. ● Watch Church Service ● Finger & Hand Strengthening With Therapy Putty ● Hairbrush & Vanity Station (MC) ● Spot The Difference Picture Game (MC) ● Button Art Design 28	Bingo ● Soft Worship Music Playlist (MC) ● Watering The Garden (MC) ● Tissue Paper Sun Catchers (MC) ● Fox Therapy (MC) Better Days Family Treasure Meeting (MC) 29	Hands Of Prayer Tracing Craft ● Volunteer Helper Station (MC) ● Hand Massage With Lotions (MC) ● Sit- To-Stand Challenge (MC) ● Tactile Sensory Boards (MC) 30	 01	 02	03	04	