

April 2026

River Valley Place of Fort Madison

Better Days



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	<b>April Fools Day!!</b> 01 <ul style="list-style-type: none"> <li>Group Prayer (MC)</li> <li>Laundry/Folding Station (MC)</li> <li>Lavender Aroma's (MC)</li> <li>Fox Therapy (MC)</li> <li>Bingo (MC)</li> </ul>	02 <ul style="list-style-type: none"> <li>Hymn Sing Along (MC)</li> <li>Flower Watering Station (MC)</li> <li>Nail Polishing (MC)</li> <li>Chair Kickball (MC)</li> <li>Creative Drawing/Coloring (MC)</li> </ul>	03 <ul style="list-style-type: none"> <li>Rosary Prayer (MC)</li> <li>Meal Preparation Station (MC)</li> <li>Foot Soaking Spa (MC)</li> <li>Outside Walking (O)</li> <li>Weather Discussion (MC)</li> </ul>	04 <ul style="list-style-type: none"> <li>Scripture Reading (MC)</li> <li>Cleaning Station (MC)</li> <li>Chair Relaxation (MC)</li> <li>Balloon Ball (MC)</li> <li>Name That Smell (MC)</li> </ul>
<b>Happy Birthday Kim Davis!!!</b> 05 <b>Easter Sunday</b> <ul style="list-style-type: none"> <li>Watch Church Service (MC)</li> <li>Memory Box Station (MC)</li> <li>Hair Brushing And Styling (MC)</li> <li>Balloon Toss (MC)</li> <li>Picture Bingo (MC)</li> </ul>	06 <ul style="list-style-type: none"> <li>Resident Led Prayer (MC)</li> <li>Art Creation Station (MC)</li> <li>Hot Tea &amp; Relaxation (MC)</li> <li>Fox Therapy (MC)</li> <li>Decade Discussion (MC)</li> </ul>	<b>National World Health Day</b> 07 <ul style="list-style-type: none"> <li>Blessing's Before Meals (MC)</li> <li>Crochet Station (MC)</li> <li>Hand Massage With Lotions (MC)</li> <li>Band Stretching (MC)</li> <li>Story Building Circle (MC)</li> </ul>	08 <ul style="list-style-type: none"> <li>Group Prayer (MC)</li> <li>Laundry/Folding Station (MC)</li> <li>Lavender Aroma's (MC)</li> <li>Fox Therapy (MC)</li> <li>Better Days Family Treasure Meeting (MC)</li> </ul>	09 <ul style="list-style-type: none"> <li>Hymn Sing Along (MC)</li> <li>Flower Watering Station (MC)</li> <li>Nail Polishing (MC)</li> <li>Chair Kickball (MC)</li> <li>Creative Drawing/Coloring (MC)</li> </ul>	10 <ul style="list-style-type: none"> <li>Rosary Prayer (MC)</li> <li>Meal Preparation Station (MC)</li> <li>Foot Soaking Spa (MC)</li> <li>Outside Walking (O)</li> <li>Weather Discussion (MC)</li> </ul>	11 <ul style="list-style-type: none"> <li>Scripture Reading (MC)</li> <li>Cleaning Station (MC)</li> <li>Music/Sound Therapy (MC)</li> <li>Balloon Ball (MC)</li> <li>Wedding Memory Share (MC)</li> </ul>
12 <ul style="list-style-type: none"> <li>Watch Church Service (MC)</li> <li>Memory Box Station (MC)</li> <li>Vanilla Aroma's (MC)</li> <li>Bean Bag Toss (MC)</li> <li>Picture Bingo (MC)</li> </ul>	13 <ul style="list-style-type: none"> <li>Resident Led Prayer (MC)</li> <li>Art Creation Station (MC)</li> <li>Hot Tea &amp; Relaxation (MC)</li> <li>Fox Therapy (MC)</li> <li>Music Memory Game (MC)</li> </ul>	14 <ul style="list-style-type: none"> <li>Blessing's Before Meals (MC)</li> <li>Crochet Station (MC)</li> <li>Hand Massage With Lotions (MC)</li> <li>Band Stretching (MC)</li> </ul>	<b>Tax Day</b> 15 <ul style="list-style-type: none"> <li>Group Prayer (MC)</li> <li>Laundry/Folding Station (MC)</li> <li>Lavender Aroma's (MC)</li> <li>Fox Therapy (MC)</li> <li>Bingo (MC)</li> </ul>	<b>Happy Birthday Sally B!!</b> 16 <ul style="list-style-type: none"> <li>Hymn Sing Along (MC)</li> <li>Flower Watering Station (MC)</li> <li>Nail Polishing (MC)</li> <li>Chair Kickball (MC)</li> <li>Creative Drawing/Coloring (MC)</li> </ul>	17 <ul style="list-style-type: none"> <li>Rosary Prayer (MC)</li> <li>Meal Preparation Station (MC)</li> <li>Foot Soaking Spa (MC)</li> <li>Outside Walking (O)</li> <li>Weather Discussion (MC)</li> </ul>	18 <ul style="list-style-type: none"> <li>Scripture Reading (MC)</li> <li>Cleaning Station (MC)</li> <li>Nature Watching (MC)</li> <li>Balloon Ball (MC)</li> <li>Favorite Vacation Memories (MC)</li> </ul>
<b>Happy Birthday Barb L!!!</b> 19 <ul style="list-style-type: none"> <li>Watch Church Service (MC)</li> <li>Memory Box Station (MC)</li> <li>Scalp Massages (MC)</li> <li>Hallway Bowling (MC)</li> <li>Picture Bingo (MC)</li> </ul>	<b>Happy Birthday Amber Rooney!!!</b> 20 <ul style="list-style-type: none"> <li>Resident Led Prayer (MC)</li> <li>Art Creation Station (MC)</li> <li>Hot Tea &amp; Relaxation (MC)</li> <li>Fox Therapy (MC)</li> <li>Word Find Games (MC)</li> </ul>	21 <ul style="list-style-type: none"> <li>Blessing's Before Meals (MC)</li> <li>Crochet Station (MC)</li> <li>Hand Massage With Lotions (MC)</li> <li>Band Stretching (MC)</li> <li>Duke Zecco Music Performance (MC)</li> </ul>	<b>National Earth Day Administrative Professionals Day</b> 22 <ul style="list-style-type: none"> <li>Group Prayer (MC)</li> <li>Laundry/Folding Station (MC)</li> <li>Lavender Aroma's (MC)</li> <li>Fox Therapy (MC)</li> <li>Bingo (MC)</li> </ul>	<b>National Spanish Language Day</b> 23 <ul style="list-style-type: none"> <li>Hymn Sing Along (MC)</li> <li>Flower Watering Station (MC)</li> <li>Nail Polishing (MC)</li> <li>Chair Kickball (MC)</li> <li>Creative Drawing/Coloring (MC)</li> </ul>	24 <ul style="list-style-type: none"> <li>Rosary Prayer (MC)</li> <li>Meal Preparation Station (MC)</li> <li>Foot Soaking Spa (MC)</li> <li>Outside Walking (O)</li> <li>Weather Discussion (MC)</li> </ul>	25 <ul style="list-style-type: none"> <li>Scripture Reading (MC)</li> <li>Cleaning Station (MC)</li> <li>Pet Station Therapy (MC)</li> <li>Balloon Ball (MC)</li> <li>Alphabet Game (MC)</li> </ul>
26 <ul style="list-style-type: none"> <li>Watch Church Service (MC)</li> <li>Memory Box Station (MC)</li> <li>Warm Towel Neck Wraps (MC)</li> <li>Hallway Golf (MC)</li> <li>Picture Bingo (MC)</li> </ul>	27 <ul style="list-style-type: none"> <li>Resident Led Prayer (MC)</li> <li>Art Creation Station (MC)</li> <li>Hot Tea &amp; Relaxation (MC)</li> <li>Fox Therapy (MC)</li> <li>Finish The Song (MC)</li> </ul>	28 <ul style="list-style-type: none"> <li>Blessing's Before Meals (MC)</li> <li>Crochet Station (MC)</li> <li>Hand Massage With Lotions (MC)</li> <li>Band Stretching (MC)</li> <li>Story Building Circle (MC)</li> </ul>	29 <ul style="list-style-type: none"> <li>Group Prayer (MC)</li> <li>Laundry/Folding Station (MC)</li> <li>Lavender Aroma's (MC)</li> <li>Fox Therapy (MC)</li> <li>Bingo (MC)</li> </ul>	<b>International Jazz Day</b> 30 <ul style="list-style-type: none"> <li>Hymn Sing Along (MC)</li> <li>Flower Watering Station (MC)</li> <li>Nail Polishing (MC)</li> <li>Chair Kickball (MC)</li> <li>Creative Drawing/Coloring (MC)</li> </ul>	01 <p style="text-align: center;"><b>Better Days</b></p>	<b>Dimensions</b> 02 <ul style="list-style-type: none"> <li>Religious</li> <li>Purposeful Life Station</li> <li>Therapeutic</li> <li>Physical Activity</li> <li>Memory &amp; Brain Stimulation</li> </ul>

\* Activities are subject to change